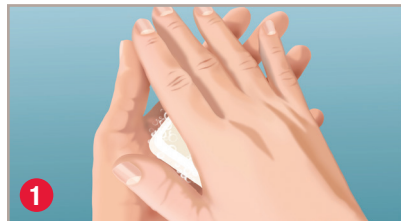


Apogee

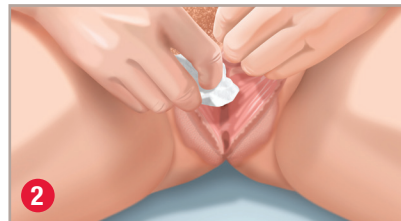
Intermittent Catheter



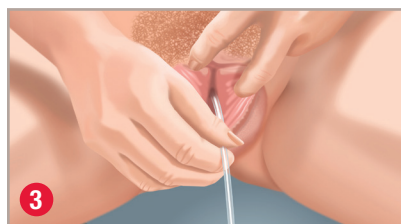
Guide for Use



1 Wash hands with mild soap and water. Apply lubrication to catheter (see below for instructions).



2 With one hand, spread the labia. Wash the area around the urethral opening above the vagina thoroughly with mild, unscented soap and water or an unscented wet wipe.



3 With your other hand ensure the catheter funnel, or open end, is directed into the toilet or collection receptacle. Insert the catheter into the urethral opening. Hold the catheter as close to the funnel as possible.



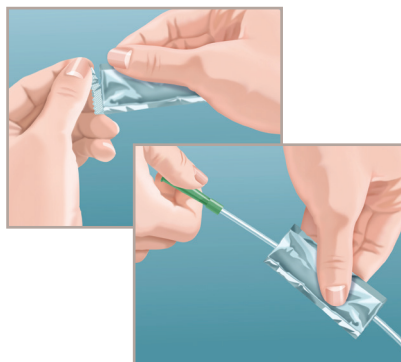
4 When urine drainage is complete, slowly remove the catheter and discard properly. Wash hands.

How to Lubricate a Catheter

- Tear off top of lubricant packet (or open tube of lubricant) and apply lubricant to the tip and along the length of the catheter.

OR

- Tear off each end of the lubricant packet, insert catheter through the packet, and slide back and forth



Watch the Apogee IC female instructional video:
www.hollister.com/icfemale

WARNING: To help reduce the potential for infection and/or other complications, do not reuse.

WARNING: If discomfort or any sign of trauma occurs, discontinue use immediately and consult your healthcare practitioner.

- Not made with natural rubber latex
- 2 off-set smooth catheter eyelets
- Color-coded funnel

This intermittent catheter is a flexible tubular device that is inserted through the urethra by male, female and pediatric patients who need to drain urine from the bladder.

PRECAUTION: Please consult your healthcare practitioner before using this product if any of the following conditions are present:

- Severed urethra
- Unexplained urethral bleeding
- Pronounced stricture
- False passage
- Urethritis – inflammation of the urethra
- Prostatitis – inflammation of the prostate gland
- Epididymitis – inflammation of the epididymis (testicle tube)

PRECAUTION: Self-catheterization should follow the plan of care and advice given by your healthcare practitioner and be carried out only in accordance with the instructions for use provided. Because catheterization frequency varies by person, the recommended frequency of your catheterization should be provided by your healthcare practitioner. For any other questions about your catheterization, please contact your healthcare practitioner.

Rx Only. Federal (USA) Law restricts this device to sale by or on the order of a physician or other healthcare practitioner licensed under state law to order this product.



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